



Menu with wheat and gluten information

Please let a team member know if you have any dietary requirements or allergies.*

STARTERS

Soup of the Day herb croutons, bread and butter. (v) £6.50 - *Contains wheat. Non-gluten option.*

West Country Mussels white wine, garlic and cream sauce with granary bloomer. £9.00 - *Contains wheat. Non-gluten option.*

Deep Fried Baby Squid lightly dusted baby crispy squid, leaf salad, sweet chilli sauce. £9.50 - *Contains wheat.*

Houmous and Flatbread garlic and coriander flatbread, houmous, oils. (v) £6.00 - *Contains wheat.*

Deep-Fried Cornish Camembert chilli jam, crostini. £8.00 - *Contains wheat.*

Potted Cornish Crab toasted ciabatta, charred lemon. £9.00 - *Contains wheat. Non-gluten option.*

MAINS

Atlantic Cod Deep-Fried in Tribute Ale Batter chips, mushy peas, Cornish seaweed salt. £13.50
- *Contains wheat. Non-gluten option.*

West Country Cheese Burger 6oz burger, Monterey Jack cheese slice, pickled red onion, homemade burger mayo, lettuce, fries.
£13.00 - *Contains wheat. Non-gluten option.*

Vegan Beetroot Falafels roasted vegetables, mixed leaf salad, mint, garlic and coconut yoghurt dressing and pitta bread. (vg) £14.00
- *Non-gluten ingredients.*

Seafood Linguine Cornish crab, king prawns, white wine, garlic, lemon, chilli and parsley cream. £17.00 - *Contains wheat.*

Slow Braised West Country Beef Brisket horseradish mash, greens, carrots, Proper Job IPA onion gravy. £15.00 - *Contains wheat.*

Smoked Haddock and Mussel Chowder poached egg, ciabatta. £13.00 - *Contains wheat.*

Moules Frites local mussels, white wine, garlic, lemon, parsley and cream, skin-on fries, granary bloomer. £16.50
- *Contains wheat. Non-gluten option.*

Surf and Turf West Country sirloin steak and king prawns with garlic butter, grilled tomato, field mushroom,
house slaw, skin-on fries. £25.00 - *Non-gluten ingredients.*

DESSERTS

Sticky Toffee Pudding rich toffee sauce,
salted caramel ice cream. (v) £6.00 - *Contains wheat.*

Triple Chocolate Brownie raspberry coulis,
Cornish clotted cream. £6.00 - *Non-gluten ingredients.*

Winter Berry Mess meringue shards, Chantilly cream,
winter fruits, chocolate sauce. £6.00 - *Non-gluten ingredients.*

Trio of Treleavens Ice Cream chocolate, salted caramel,
vanilla or raspberry pavlova with wafer biscuit. (v) £5.50
- *Contains wheat. Non-gluten option.*

Cornish Sea Salt Chocolate Truffle Torte spiced ginger
base, clotted cream, fruit coulis. £6.00 - *Contains wheat.*

Cornish Cheese Board Cornish Yarg, Camembert and
Blue, Tribute ale chutney, crackers, grapes. £9.00 - *Contains wheat.*

SANDWICHES AND WRAPS

Available from 12-5pm. Served with salad garnish and crisps.

Hand-Picked Cornish White Crab lemon and dill mayo,
cos lettuce, fries. £15.00 - *Contains wheat. Non-gluten option.*

Sliced Cornish Yarg Tribute ale chutney. £7.50
- *Contains wheat.*

Homecooked Ham honey-roasted ham,
cos lettuce, tomato. £9.00 - *Contains wheat. Non-gluten option.*

SIDES

Chips (vg) £3.50 / Fries (vg) £3.50 / Cheesy Chips (v) £4.50

Side Salad (vg) £3.50 / Seasonal Vegetables (vg) £4.00

- *All non-gluten ingredients.*

Garlic Bread (vg) £3.00 - *Contains wheat.*

Invisible Chips - 0% Fat, 100% Hospitality £2.00**

**All proceeds raised from invisible chips sales will be donated to
Hospitality Action, which is helping people in hospitality worst
affected by the Covid crisis. Thanks for chipping in.

Visit hospitalityaction.org.uk for more details.

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.

*Information about all other allergens is recorded and available upon request.

Please note we take steps to minimise the risk of cross-contamination when
preparing your food, however we do not have specific allergen-free zones in our
kitchens. If you would like further information on our preparation methods,
please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.